



## News

Now that Autumn is drawing in the focus returns to recruitment. A meeting is planned with the funders, the NIHR-HTA, on the 8th December 2016 to update on trial progress. Although recruitment in the early part of the summer was phenomenal it has slowed down over the last two months.

Increasing recruitment over October and November is crucial, and will go a long way to making sure of the continuing success of the trial.

## 233 patients recruited

### Recruitment success stories

Summer 2016 has been our most successful period yet for recruitment. There have been some encouraging success stories at a number of sites:

**Royal Victoria Hospital in Belfast** have been inspirational with five patients over the past four months. The team have been recruiting excellently since this spring. Between April and July they recruited on four consecutive months which is something only three other sites have ever done. They are also our **star recruiters** in September with 2 patients, and have kindly shared their experiences in a very informative and helpful article on the next page of this newsletter. Congratulations Patricia, Lana and Mark and the rest of the team at the Royal Victoria Hospital.

**Sunderland Royal Hospital** have recruited four patients over the past four months, which is a fantastic achievement. Many thanks to Pauline and Nicholas who are flying the flag there. The cardiologists at Sunderland are all on board with the trial which helps hugely, but the team should take a lot of credit for their improvements.

**Royal Free Hospital** have recruited three patients over the past two months, this is a great improvement. Many thanks to Angelique, Tim and the rest of the team, it is very much appreciated. Keep up the great work!

**King's College Hospital** have recruited three patients in the past four months, again this is a huge improvement and very much appreciated. Thanks to Jon, Kalpa, Ian, George and the rest of the team for all you have done to turn things around so effectively. Let's see that success continue over the coming months.

Thanks also to **Edinburgh Royal Infirmary**, **Barts Heart Centre** and **Freeman Hospital in Newcastle**, all with two patients in the last four months. The REVIVED team are very grateful for your support.

The top four sites have all recruited very well over the past four months, **Royal Bournemouth General Hospital** and **Golden Jubilee National Hospital** both recruited four patients over this time, **Leeds General Infirmary** recruited three and **St Thomas' Hospital** recruited eight! The trial couldn't succeed without your continued support and efforts, though it is lovely to see some newer sites improve so much and hopefully join the "top sites" mantle in the coming months.

## Lucky Number!

There were no winners last month unfortunately. The lucky number this month is 240. The lucky site that recruits the 240th REVIVED patient will receive a special treat!



## A message from the team at Royal Victoria Hospital, Belfast

The REVIVED study was initiated at the Royal Victoria Hospital, Belfast in July 2015. The study team consists of Interventional Cardiologist Dr Mark Spence, Heart Failure Specialist Dr Lana Dixon and myself. We also have the support of a number of other research nurses. To date, we have enrolled eight patients with seven patients having been enrolled in the past six months.

We have found that sharing information about the study is the approach that has worked best for us in terms of finding suitable patients. We have provided information about the study to our colleagues within our own cardiology department and across our referring hospitals. We are fortunate that the importance of the study has been widely recognised and the REVIVED study is regularly discussed at our MDT meetings as a treatment option for patients with left ventricular dysfunction and ischaemic heart disease. This has resulted in a steady flow of patients being referred for screening.

Information regarding referred patients is maintained within a screening file which is divided into three sections. The first section relates to “suitable patients”. These are patients who meet the inclusion / exclusion criteria, who have been given the study information and who are considering participation. The second section contains information on “potential patients”. These are patients who meet various aspects of the inclusion/ exclusion criteria but who are awaiting completion of investigations. The third section contains information on patients who have been excluded. It is very important to review and update the screening file weekly.

Once patients are deemed suitable for the study, it is important to avoid delay. We generally contact the patients and ask if they would like to receive the study information. We then contact them a week later and if they are interested in the study, we invite them to attend Dr Dixon’s outpatient clinic for further discussion. We have found that those who attend the clinic generally proceed to consent.

Regardless of whether or not the patient is enrolled in the study, it is vitally important that communication with the referring clinician is maintained throughout the process so that the patient ultimately receives the appropriate care.

We feel that our current approach to recruitment for the REVIVED study is working effectively and we are hopeful that we will be able to make a valuable contribution to this important area of study.

***Patricia Glover***

***Cardiac Research Nurse***

## Contact information

Website: <http://revived.LSHTM.ac.uk>

Tel: +44 (0)20 7927 2665

Fax: +44 (0)20 7927 2189

Email: [revived@LSHTM.ac.uk](mailto:revived@LSHTM.ac.uk) / [richard.evans@LSHTM.ac.uk](mailto:richard.evans@LSHTM.ac.uk)

This project was funded by the National Institute for Health Research Health Technology Assessment (NIHR HTA) Programme (project number 10/57/67).

**NHS**  
**National Institute for  
Health Research**

ISRCTN45979711 / NCT 01920048