The REVIVED-BCIS2 Newsletter Issue no.34 September 2016



Recruitment News

Recruitment has been consistently good over the summer months with 52 patients recruited since the beginning of May. This is an excellent turnaround from the spring. Keeping the momentum going will be our main focus over the next few months.

Congratulations to the team at York for recruiting their first patient this month, and to the team at Royal Free for recruiting their first patients in 10 months. If you have any issues with recruitment please get in touch as we will do everything we can to help turn things around.

The HTA review at the end of July has been positive with the increase in recruitment noted. Thank you all for the extra effort you have put in, helping us to meet this challenge. The HTA will again review recruitment in October and December, so it is essential to keep screening and putting patients into the trial. Further regional meetings will be planned in September and October and the positive improvements of the summer will make those practical and useful for any sites finding it difficult to recruit.

The address to send REVIVED invoices to has changed. This will be sent out to all sites with outstanding per patient payments due in the next set of reminders.

In sadder news, the REVIVED Clinical Trial Unit said goodbye to Rebecca Matthews who has been a valuable member of our team for nearly 4 years. We wish her all the best for the future. Please contact Richard Evans from now on with any REVIVED queries—<u>richard.evans@LSHTM.ac.uk</u>.

225 patients recruited



St Thomas' passed a major landmark on the 25th July when the team recruited their 50th patient. Huge congratulations to the entire team there past and present, this has taken a huge amount of dedication and hard work. Sophie and the team share some thoughts on their past three years working on REVIVED, on the next page.

Farewell message from Rebecca Matthews, Assistant Trial Manager

As many of you already know, I am no longer working at LSHTM. Working on REVIVED has been challenging and enjoyable, as many of you will appreciate, and I want to take this opportunity to thank you for all your hard work and perseverance. Recruitment has been great recently and that is in no small way due to your efforts. I am sure that with your support, the trial will continue to flourish.

A message from the team at St Thomas' Hospital

Dear All,

The team at St Thomas' are really pleased to have hit the huge milestone of 50 patients in July. It is now 3 years since we started REVIVED, I can't say that it has been the easiest trial in the world to run, but we have certainly learnt a few things over the years that has made running the trial much easier.

Trying to find the patients in the first place is the first hurdle to master. We have found that trawling through endless echo, angiogram and MRI lists was a task that proved massively time consuming that did not bear a lot of fruit. Instead, we found that spreading the word about the study across the whole of the cardiac services both internally and to our referring network was much more fruitful. We only ask for people to keep an eye out for patients with a poor LV that is thought to be of an ischaemic origin, we then have a name for the log. In short, communication through networking is key to finding patients.

The next step is how to manage patients once they have been identified. LOG them! The affectionately termed 'possibles log' is essential to the successful running of this trial. We use an excel spreadsheet, nothing too complicated, just a way of keeping track of patients' progress in areas such as: what tests they have had done, whether we have reviewed their angiogram and when their next appointment is. I cannot emphasise how important it is to go through this log regularly to make sure that all of your patients 'in the barrel' are progressing and not getting lost in the system. I usually go through it at least once a week and then go through it with the PI every couple of weeks.

Once you have a patient who fulfils all of the inclusion criteria and you have finished jumping for joy, before you head to the nearest pub, try to minimise the amount of trips the patient has to make to and from hospital. There have been a few occasions where the patient has come up and been consented and randomised to REVIVED and if randomised to receive PCI, they have had it done the same day. With follow up visits, we try to do their clinical review, echo and device checks all on the same day as well. Patients definitely appreciate this and sometimes I think it has made the difference between someone agreeing to be in the study and declining.

I sincerely hope that you are not filled with despair when you receive the newsletter every month and see Dubai's Burj Khalifa on the chart that is the St Thomas' recruitment bar. Instead, I hope that it serves to encourage and reassure you that there are patients out there. I hope the above is of some help too. Please get in touch with the team via the contact information below if you would like to discuss REVIVED further.

Kind Regards,

Sophie and the St Thomas' REVIVED team

Lucky Number!

As recruitment has improved so much over the summer the lucky number for September is 240. The lucky site that recruits the 240th REVIVED patient will receive a special treat!

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